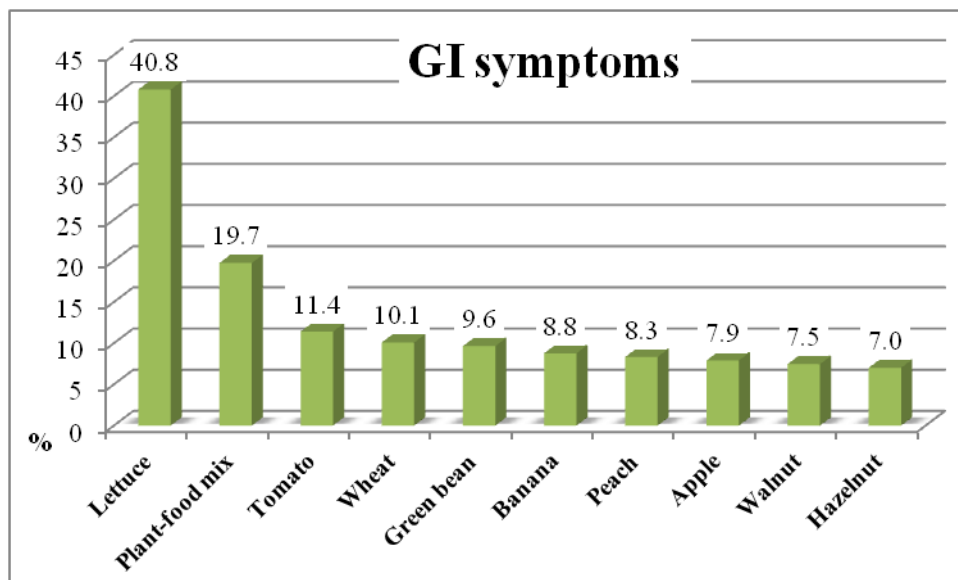
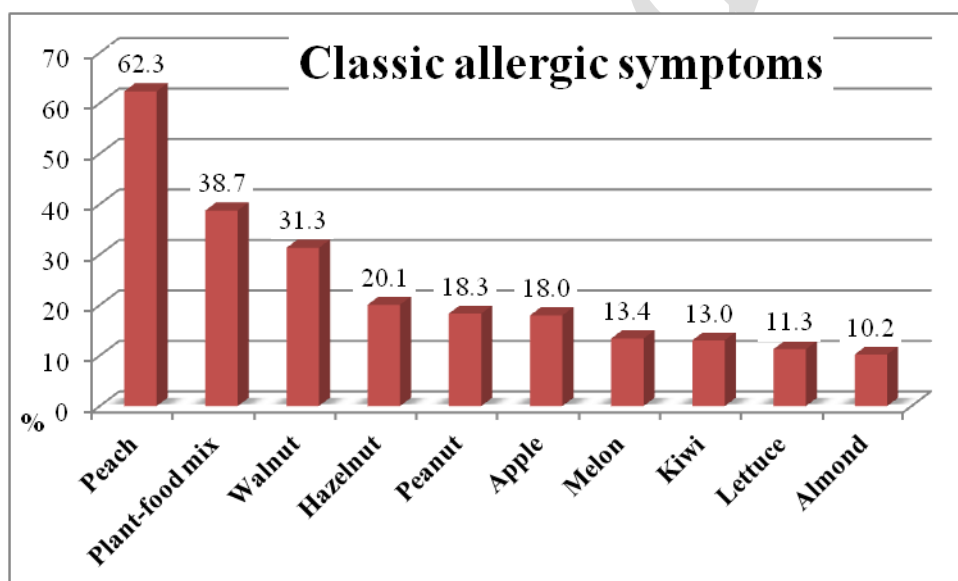


SUPPLEMENTARY MATERIAL

Figure S1. Top 10 foods involved in gastrointestinal symptoms and classic allergic symptoms**(A)****(B)**

Percentage of patients referring symptoms with each food, depicted in order of frequency. **A.** foods related with gastrointestinal symptoms, **B.** foods related with classic allergic symptoms (OAS, urticaria/angioedema, anaphylaxis).

Plant-food mix – the combination of several plant-food containing LTP consumed in the same meal making not possible to identify whether the trigger was just one of the plant-foods or the cumulative dose of LTPs from the different plant-foods; GI, gastrointestinal; OAS: oral allergy syndrome.

Figure S2. Foods involved in GI and non-GI reactions. The figure shows there are almost no foods that exclusively produce gastrointestinal symptoms (GIS) in our LTP-allergic patients.



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