

SUPPLEMENTAL MATERIAL

Supplementary Table 1. Anaphylaxis characteristics and severity

Year	Symptoms	Co-factors	Culprit meal	Location	Culprit food	Culprit identified allergen	Suspected allergen	oFASS
2007	<ul style="list-style-type: none"> - Generalized pruritic erythema -Facial angioedema - Epigastric pain -Cough and wheezing 		Loaf bread sandwich	At home	Loaf bread <i>PPT 12 mm</i>	Broad bean (fava bean) flour		Grade 4
		Physical exercise 30 min after the meal	Loaf bread sandwich	At home				Grade 4
2008	<ul style="list-style-type: none"> -Pruritic facial erythema -Dyspnea and wheezing 	Physical exercise	Crêpes	Eating out	Crêpe dough?		Legume flour	Grade 4
		Physical exercise (fast walking)	Fast-food beef burger	Eating out	Burger bread/meat	Soy	Pea/legume protein in burger meat	Grade 4
2010	<ul style="list-style-type: none"> -Malaise 	Physical exercise	Ready-made schnitzel	At home	Breading <i>PPT 10 mm</i>	Pea protein		Grade 4
2011		Physical exercise (sprint)	Burger, nachos, tacos and black beans	Eating out	Black beans Burger bread/meat?	Black beans	Pea/legume protein in burger meat	Grade 4
2014	<ul style="list-style-type: none"> - Pruritus in palms and soles - Periorbital oedema - Abdominal pain - Cough -Incontinence 	Physical exercise (football)	Moorish skewer, chorizo, black pudding sausage, trail mix	Eating out	Sausages?		Pea protein	Grade 5
		Alcohol consumption (beer)						

2015	- Pruritus in palms and genitals - Lip angioedema - Abdominal discomfort	Alcohol consumption (beer)	Chicken fajitas with ketchup, mustard and tomato	Eating out	Ketchup	Lupin		Grade 3
2016	-Oropharyngeal pruritus - Cough -Malaise		Chocolate cereal bars	At home	Cereal bar <i>PPT 15 mm</i>	Soy and pea proteins		Grade 4
	- Generalized pruritic erythema - Vomiting (x1) - Uterine bleeding -Cough and dyspnea - Malaise	Physical exercise	- Onion rings, croquettes, french fries with ketchup, fried egg, cheesecake	Eating out	Breading, ketchup?		Lupin/ Pea protein	Grade 4
	-Skin pruritus -Eyes and nose itching - Abdominal pain - Cough		Surimi sticks, longfin tuna, corn	At home	Surimi sticks <i>PPT 16 mm</i>	Pea protein (as "vegetable protein")		Grade 4
	- Pruritus on palms, neck and scalp -Abdominal pain -Uterine bleeding -Cough	Alcohol consumption (wine)	"Special bread", shrimp tagliatelle , hawaiian pizza	Eating out	Bread Pizza bread?	Soy	Legume flour	Grade 4
2017	-Urticaria -Abdominal pain -Dyspnea		Ready-made gourmet sushi	At home	Unknown		Soy	Grade 4
2018	- Oropharyngeal pruritus - Pruritus on palms later generalized - Conjunctivitis - Diffuse erythema	Alcohol consumption (beer)	Fast-food beef burger, fries with ketchup, tiramisu	Eating out	Beef Burger/ Tiramisú?		Pea protein/ Soy	Grade 4

	- Abdominal discomfort - Dry cough							
2019	-Oral pruritus -Abdominal discomfort -Dry cough	Alcohol consumption (wine)	Turkey stew	Eating out	Stew sauce (flour)		Legume/pea flour	Grade 4
2020	-Abdominal pain -Throat tightness -Barking cough and dyspnea -Dizziness and pallor		Ham and mushrooms pizza	Eating out	Pizza bread?		Legume/pea flour	Grade 5
2022	- Oral pruritus - Urticaria - Dry cough		Paella	Eating out	Green beans	Green beans		Grade 4
2023	- Palms and otic pruritus that later generalized -Facial erythema and oedema -Abdominal pain and vomiting (x1) -Dyspnea and cough		Fast-food beef burger	Eating out	Burger bread/meat	Lupin		Grade 4
	- Pruritic erythema on face, neck and hands - Heat sensation -Abdominal discomfort -Throat tightness -Dyspnea and cough		Vegan chocolate donut	Eating out	Donut dough	Soy		Grade 4

PPT, prick –prick test